WEEK ONE

LUNCH MENU

ALLERGEN KEY	1.GLUTEN	2.LUPIN	3.MILK	4.SULPHITES
5.SOYA	6.FISH	7.EGG	8.NUTS	9.CELERY
10.MUSTARD	11.MOLLUSC	12.SESAME	13.PEANUTS	14.CRUSTACEANS

Cyngor sir ddinbych denbighshire County Council

BLASUS TASTY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL				
BIG BREAKFAST BACON, SAUSAGE, BAKED BEANS, HASH BROWNS, TOAST OR BREAD AND BUTTER 1,3	HOMEMADE BEEF LASAGNE SERVED WITH GARLIC BREAD AND MIXED SALAD 1,3	CHICKEN DISH OF THE DAY COOKS CHOICE OF CHICKEN DISH. SEE BOARD FOR CHOICE AND ALLERGENS	YORKSHIRE PUDDING WRAP A GIANT YORKSHIRE PUDDING FILLED WITH ROAST OF THE DAY AND GRAVY. 1, 3, 7	KOREAN SPICE BAG. SALT AND CHILLI CRISPY CHICKEN WITH WEDGES, ONIONS AND PEPPERS. 1, 5
STREET KITCHEN				
ITALIAN POTATOES TOPPED WITH HOMEMADE WELSH BEEF BOLOGNAISE AND CHEDDAR 3	HOMEMADE THAI CHICKEN CURRY, STICKY COCONUT RICE AND FLAT BREAD 1	PERI PERI CHICKEN, CREAMED POTATOES, GARLIC BREAD AND SWEETCORN 1, 3	QUARTER POUNDER BEEF BURGER WITH CHEESE AND FRIES 1, 3	HOMEMADE WELSH BEEF CHILLI, RICE, NACHOS AND SALSA

VEGETARIAN OPTIONS ARE AVAILABLE

LIGHT BITES

AVAILABLE DAILY

JACKET POTATOES WITH VARIOUS HOT AND COLD TOPPINGS
SANDWICHES
BAGUETTES
WRAPS
COLD PASTA POTS

SEE INDIVIDUAL BOARDS FOR ALLERGENS

GRAB AND GO

CHANGES DAILY

PIZZA
CALZONE
HOT BAGUETTES
CHICKEN EPIC
FLAT BREADS
SUBS

SEE INDIVIDUAL BOARDS FOR ALLERGENS

RICE & PASTA

CHOICES INCLUDE

CHICKEN TIKKA MASALA
CHICKEN KORMA
BOLOGNAISE
TOMATO AND BASIL MEATBALLS

SEE INDIVIDUAL BOARDS FOR ALLERGENS