



Ysgol Uwchradd Prestatyn High School

Pennaeth Headteacher Mr N Foley B.Sc. MA.

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Dear parent / carer

At Prestatyn High School, Physical Education plays a very important role in the development of our learners. Through an enriched PE curriculum, a broad and wide range of 5X60 after-school activities and a varied competition programme, we aim to encourage a lifetime love of sport which inspires all learners to maintain an active and healthy lifestyle and to reach their full potential.

Within our broad and balanced curriculum, we cater for all individuals from those who are talented at sport to those who do not feel confident in sport. Our objective is to ensure all learners feel physically confident in a way that supports their health, fitness and future development. We aim to educate your child on the importance of physical activity and how it is fundamental to a healthy active lifestyle.

In order for learners to fully participate in their PE lessons it is essential that they bring the correct kit to change into. The PE kit consists of:

- Maroon training tee
- Maroon multisport top
- Black quarter zip top
- Black training short and leggings

PE clothing can be purchased from Jean Emporium in Rhyl or First-Class Clothes in Prestatyn.

See the reverse of this letter for further information regarding cost.

Could all parents / carers please ensure their child arrives to PE lessons with the right kit. If a learner is not participating in his / her PE lesson they must bring a note from home which is dated and signed explaining the reason(s). When a learner is going to be excused for a long period of time due to medical reasons a doctor's note must be supplied.

Thank you for your continued support. If you have any queries please contact your child's Head of Year.

Yours faithfully,

Mr G Turner
Deputy Headteacher

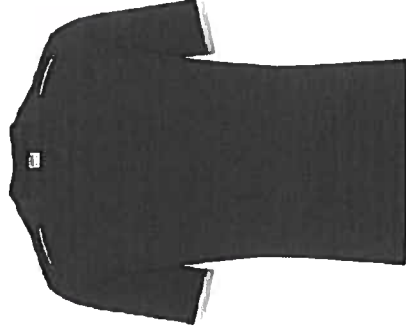
Mr C Evans
Head of PE



Essentials SS Training Tee

Crew Neck Style
Silver reflective details
Curved back yoke design
Contrast colour panels and binding
APTUS branded internal tape
100% Polyester Mesh, 160 gsm
40° wash

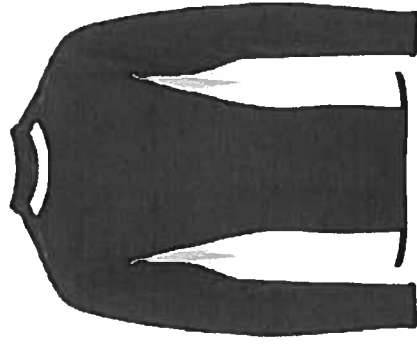
Prices from £8.50



Essentials LS Multisport Top

Reversible with internal bound seams
Contrast colour ribbed neck panel for ease of wear which also retains shape around the base of the neck
Shoulder panels with reflective silver tape detailing and contrast colour side panels and back panel strip highlight
100% Polyester interlock, 240 gsm
40° wash

Prices from £15.50



Available from Jean Emporium in Rhyll or First Class Clothes in Prestatyn

Essentials Qtr Zip Top

Silver reflective details
Quarter zip opening with zip guard
Contrast colour panels and binding
APTUS branded internal tape
100% Polyester, 215 gsm
40° wash

Prices from £17 (including logo)



MITRE Mercury Contrast Sock

Prices from £5.50



Essentials Leggings

Prices from £12.50



Essentials Training Short

Prices from £5.50

