

Sets (s): N/A – LP2

YEAR 9 B/C HSC - LCP

SUBJECT Health and Social Care - Unit 1 Human growth, development and well being

Knowledge Focus: Human Development



Ysgol Uwchradd  
Prestatyn  
High School

**This half term : Skills, Knowledge and Understanding to be developed:**

To identify the key life stages that all humans pass through.

To identify key aspects of human growth and development at the life stages.

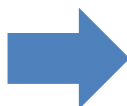
**Key Terms to be learned this half term:**

Growth, development, normal ageing, mobility, osteoporosis, well-being, parkour, dexterity, gross motor skills, fine motor skills, intellectual, moral judgement, communication skills, abstract thinking, dementia-related illnesses, emotions, self, self-image, personal identity, attachment, bonding, challenging behaviour, sibling, self-confidence, sexuality

**Week 1 and 2 Learning Objectives etc:**

Literacy Focus: Use a variety of strategies and resources to spell familiar and unfamiliar vocabulary correctly and subject specific words correctly.

- Understand the key terms growth and development.
- Identify the expected milestones of growth and development- physical changes through the lifestages.



**Objective assessments:**

Complete a table identifying the physical changes in boys and girls during adolescence.

Describe the physical changes in adulthood and later adulthood.

Use and spell key terms correctly- assess in work.

**Homework:**

Complete the case study on Alfie Jones.

Literacy Focus:GPSH – Produce fluent and legible handwriting in answers to homework.

**Week 3 and 4 Learning Objectives etc:**

- Identify the intellectual changes through the lifestages.



**Objective assessments:**

Produce a mind map on the intellectual changes experienced at each life stage. Complete the case study on Harriet.

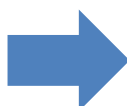
**Homework:**

Key words spelling test.

Literacy Focus: Spell key terms correctly. Spelling test.

**Week 5 and 6 Learning Objectives etc:**

- Identify the emotional changes that happen through the lifestages.



**Objective assessments:**

Answer exam style questions- demonstrating understanding on the topics of attachment and relationships.

SA1- PJH

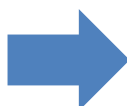
**Homework:**

Correct the errors in Jon's case study.

Literacy Focus: Spell key terms correctly

**Week 7 Learning Objectives etc:**

- Identify the social changes that happen through the lifestages.
- DIRT Work – proof read and ensure all sections are complete on lifestages.



**Objective assessments:**

Design a booklet explaining the key areas of social development for each life stage.

**Homework:**