



**Ysgol Uwchradd
Prestatyn
High School**



Keep Wales Safe
Keep Wales Learning

Information for pupils and parents
Act Safely - Wash Hands - Keep Wales Safe

MARCH 2021

Chair of Governors: **Mrs. L. Davenport**
Headteacher: **Mr. N.T. Foley**



PLEASE KEEP A SAFE DISTANCE OF 2 METRES

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Dear Parents/Carers and Learners

I hope you have kept as well as possible and have managed to cope with the current restrictions. It has been a difficult start to 2021 with Wales on alert level 4 and schools moving to remote learning. Despite these challenges, parental and learner feedback to our online provision has been very positive and we have had over 1,200 pupils / students accessing Teams on a daily basis.

With the public health situation in Wales continuing to improve the Education Minister was able to announce that secondary schools in Wales will begin to reopen to pupils and students on the 15th March, 2021. The key pieces of information are as follows:

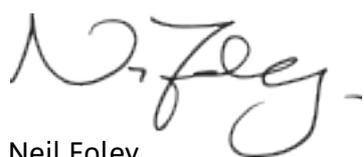
- All pupils and students in years 11, 12 and 13 are to return to school on the week beginning 15th March. These classes are exam classes and they require as much time as possible to ensure they gain the highest grades possible.
- Pupils in year 10 will begin to return to school on the week beginning 15th March. Some of these classes have exams this year (English literature) and they also require as much time as possible to ensure they gain the highest grades possible.
- All other year groups (years 7, 8 and 9) will be able to access school for some catch up days before we break up for Easter on the 26th March.
- Online learning will still take place for pupils and students working from home whilst the school transitions and returns to full capacity.
- Our in school hub provision will continue for eligible students.

I am sure you have many questions, and I hope the information contained in this booklet will answer them. This booklet sets out in detail how we will keep pupils and staff safe, how the school will be organised and how we will get back to full capacity. The daily operation remains the same as when we opened in September, **however, there are significant changes in relation to wearing face coverings**. All of the planning is based on the latest guidance from Welsh Government. We have made sure that the health and safety of all pupils and staff is our top priority whilst also developing a system by which all pupils and students can return after Easter. The arrangements for all aspects of the school are included in this booklet so please read it carefully so that you know when your son or daughter returns to school.

We will deliver a full, broad and balanced curriculum to our pupils alongside a pastoral focus on learner wellbeing to help with recovery after the COVID-19 pandemic.

If you have any questions please email info@prestatynhigh.co.uk or contact the school through the normal channels and we will answer any of your questions or concerns.

I look forward to the new term and I am excited of what we can all achieve together. Best wishes and I will see you all soon



Neil Foley
Headteacher



Pupils and students will return to school in the following order week beginning 15th March

	Date	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Mon	15/03/2021					Yes	Yes	Yes
Tue	16/03/2021				Yes	Yes	Yes	Yes
Wed	17/03/2021	Yes				Yes	Yes	Yes
Thu	18/03/2021		Yes			Yes	Yes	Yes
Fri	19/03/2021			Yes		Yes	Yes	Yes
Mon	22/03/2021				Yes	Yes	Yes	Yes
Tue	23/03/2021				Yes	Yes	Yes	Yes
Wed	24/03/2021	Yes				Yes	Yes	Yes
Thu	25/03/2021		Yes			Yes	Yes	Yes
Fri	26/03/2021			Yes		Yes	Yes	Yes

Please be aware that all plans in this booklet are subject to change based on the infection rates in our community and direction from Welsh Government. Any changes will be communicated to you immediately.

- Pupils attending our Hub provision will attend school every day.
- For pupils in years 7, 8, 9 and 10 online learning and live lessons will continue when they are not in school.
- **All pupils will return to school on the 12th April.**
- Each year group continue to have their own point of entry/exit into/out of the school. Pupils/students are to use the same entrance/exit as they did before the Christmas break. The pastoral team will be at these doors to welcome each year group back to school.
- There is no change to the start and finish times of the school day. All pupils will be expected to arrive for registration at 08.40 and school will finish at 15.00
- All pupils are to wear full school uniform.
- **Unless medically exempt all pupils/students must wear a face covering on school transport, in communal areas and in classrooms; this is due to the latest Welsh Government guidance published on the 3rd of March.**
- Face masks are no longer required in outdoor areas if social distancing can be maintained.
- Pupils are expected to bring a bag to school.
- All enrichment activities continue to be suspended. All clubs and sports activities that take place after school will resume as soon as possible.

6th form information

- 6th form students must enter the building through the external door near the library.
- All students will be expected to attend their registration rooms at 8.40am.
- When not in lessons, 6th form students will be encouraged to leave the site to work from home unless they use school transport.

How will students/pupils be taught?

- All students will receive pastoral sessions on their return to reintegrate them back into school and check on their well-being.
- Year 11-13 students and pupils will return to their normal timetable in order to give them as much time as possible to ensure they gain the highest grades.



- Year 7, 8, 9 and 10 in the two weeks before Easter will receive an amended curriculum and pastoral sessions.
- After Easter all students will follow their normal timetable.
- All pupils will continue to be taught where possible in the same classroom, with the teachers moving around the building to minimise the number of pupils/students in the corridors.
- All classrooms will have desks pointing in the same direction to minimise any spread of infection.
- PCs will only be used if it's essential for the course. Pupils/students will be expected to wipe down their keyboard and mouse at the end of the lesson.
- Some of the practical aspects in some courses may not take place during the summer term.
- Pupils in Years 7, 8 and 9 are required to bring their PE kit to school to get changed. Pupils will be expected to wear a face covering and adhere to social distancing whilst getting changed. The PE department will run sessions focusing on health, exercise and wellbeing. Pupils in years 10 and 11 are not required to bring a PE kit to school.
- Homework will be set on Microsoft Teams reducing the need for exercise books to be shared between staff and pupils.
- Staff will not mark any work in pupils' exercise books. Teachers will be utilising Teams to assess work.

What to expect when you arrive in school:

- Welsh Government guidance is for schools to minimise pupil interaction. In order to deliver a purposeful curriculum we have taken the decision to continue to bubble pupils in their year groups. All year groups continue to have their own entrance and exit to the building, designated toilets and staggered breaks and lunches; these arrangements are the same as before the Christmas break.
- Pupils should arrive to school on time; registration is at 08.40. At the end of the school day it is essential that pupils leave site and not wait for their friend(s). Pupils should only enter/exit the building via their designated entrance/exit.
- When pupils arrive at school and wait to enter their classroom, they will be expected to line up 2 metres apart; this space will be marked out. Where possible we have utilised classrooms with external/fire door entrances.
- Upon entry into their classroom all pupils will be expected to sanitise their hands. Each classroom will have a hand sanitiser dispenser.
- We will insist on regular hand washing and hand sanitising throughout the day.
- On their first day back all pupils will be reminded about the following;
 - Designated toilet block
 - Designated area for break and lunch
 - Expectations and processes for break and lunch
 - Behaviour expectations

6th form information:

- All 6th form students will return to school on the 15th March.
- Some Sixth Form lessons may still be taught online using TEAMS if agreed by the class teacher and the head of Sixth Form.
- Upon entry into their classroom all 6th form students will be expected to sanitise their hands. Each classroom will have a hand sanitiser dispenser.
- Sixth Form students will be informed of their designated toilets when they arrive on the 15th March.
- Those wishing to use the diner, can only do so between 11.00 and 11.30. This is particularly important to those on free school meals as access will not be allowed at any other time.



- 6th form students must enter the building through the external doors nearest to their timetabled classroom/registration room.
- When not in lessons, 6th form students will be encouraged to leave the site to work from home unless they use school transport.

What do we expect from our pupils:

- Year groups are expected to stay in their teaching zones for the duration of the day.
- **Pupils/students are expected to wear full school uniform and to wear a face covering on school transport, in communal areas and in classrooms unless they are medically exempt; this is based on the latest Welsh Government guidance.**
- **On their first day back in school all pupils/students will be given a face covering and it is their responsibility to bring a face covering to school every day.**
- 6th form students are expected to adhere to the dress code outlined in the 6th form prospectus.
- Upon arrival into the school all pupils/students are expected to follow hygiene protocols. They will be expected to wash / sanitise their hands on a frequent basis. Every classroom will have its own sanitiser.
- Pupils/students who use public transport to attend school must adhere to Welsh Government legislation. They must follow the instructions given by the bus driver.
- Pupils/students must bring into school their own equipment.
- Pupils will not be expected to take home their exercise books. Exercise books will be left in their classroom base. 6th formers will be expected to keep hold onto and bring in any resources given by the teacher. They will not be expected to return them to their teacher for marking.
- There will be no opportunity to fill water bottles whilst in school. Pupils/students must bring their own. There will be an opportunity to purchase food and drink from the diner at lunch time or 11.00 – 11.30 for 6th form students.
- Each year group will have a designated toilet block and strict social distancing rules will apply.
- During the school day pupils will be expected to engage in all of their lessons.
- Each year group will have an allocated time and zone to spend outside to enjoy the fresh air. Where possible all pupils are expected to go outside. If it is raining the pupils must remain inside their classroom/year base.
- 6th form students will be encouraged to leave the site where possible.
- On occasions, pupils/students will have to move around the school e.g. to go to their toilet block. In order to adhere to social distancing guidelines pupils/students must keep left in the corridors, keep their distance and follow any arrows.
- Some areas of the school site will be closed off to pupils/students. Pupils/students should not access these areas.
- At the end of the school day pupils must leave site via their designated exit; they are not to stay on site to wait for their friends.
- Pupils/students must follow all social distancing rules, which is to keep 2 metres apart.
- Normal school rules and expectations still apply and we will be following Denbighshire's behaviour policy and their COVID-19 addendum; a copy is available on our website.
- Any pupil who continually refuses to follow our socially distancing rules will be removed from the school.

Guidance on face coverings:

A Welsh Government review in January 2021, concluded that consistent evidence from studies would indicate that face coverings reduced the spread of COVID-19. However, it is important to stress that the wearing of face coverings are not a replacement for far more effective measures such as social distancing and hand hygiene.



The Welsh Government have supplied schools with 3 layer face covering which will be distributed to pupils/students when they return to school. When wearing face coverings learners should ensure their mouths and noses are covered.

When should face coverings be worn:

School transport:

- All students/pupils should wear a face covering when accessing school transport.

Corridors and shared areas:

- We have introduced control mechanisms such as one way systems, single file and having teachers move around the school rather than pupils to reduce the number of people on the corridors. However, due to the potential of crowding and the unavoidable mixing of cohort group students/pupils and staff must wear a face covering in the corridors unless they are medically exempt.

Classrooms:

- Control mechanisms such as hand sanitising, cleaning of surfaces, no shared materials and all desks facing the one direction are already in place to minimise the spread of the virus. However, the latest Welsh Government guidance is that face coverings should be worn by all pupils whilst in class. Pupils and students are to remain 2 metres away from their teacher.

Sport/dance/exercise:

- Face coverings are not recommended whilst undertaking physical exercise but must be worn whilst pupils are getting changed.

In the diner:

- Face coverings are not practical whilst eating, however, students/pupils and staff are expected to wear a face covering whilst they queue to enter the diner and queue to be served.

Visitors:

- Anyone entering the school building must sanitise their hands and wear a face covering. Parents/carers should wear a face covering when dropping off and picking up learners.

Frequently asked questions:

What is a face covering?

A face covering principally acts to protect others by reducing airborne transmission of COVID-19. It does not protect the wearer from infection from others. Face coverings are not considered PPE and therefore does not prevent an individual being identified as a close contact by TTP.

What is the school's policy on face coverings?

The evidence remains clear that the most effective way to protect yourself and others from infection is to follow social distancing rules, avoid touching surfaces and your face, and wash your hands regularly. Face coverings are not a substitute for these measures, but in some circumstances where it might be difficult to stay 2 metres away from others, **Welsh Government are advising the use of three-layer, non-medical face coverings. Welsh Government guidance is that face coverings must be worn in communal areas and in classrooms and this is a change to previous protocols.**



What kind of face covering should students/pupils and staff wear?

To provide any protection to others, face coverings need to be made, worn, handled and disposed of in a certain way. The World Health Organisation recommends a minimum of three layers in a face covering.

How can face coverings be disposed of responsibly?

- Remove the face covering carefully – do not touch the front of the face covering or the part which has been in contact with your mouth and nose.
- Place your face covering in a COVID litter bin or take it home in a plastic bag/school bag.
- Do not put single use face coverings in recycling bins as they can't be recycled.
- You do not need to put them in an extra bag or store them for a time before throwing them away.
- Please remember to wash your hands thoroughly with soap and water for 20 seconds or use hand sanitiser immediately after removing your face covering and throwing it away.

How should I care for my reusable face covering?

- If you are using a reusable face covering, store it in a plastic bag until you can wash it.
- Wash it in line with manufacturer's instructions at the highest temperature appropriate for the fabric. You can use your normal detergent and you can wash and dry it with other laundry.
- Do not give it to someone else to use.
- You must throw away your face covering if it is damaged.
- Make sure you clean any surfaces the face covering has touched using normal household cleaning products.

Teaching and Learning

From the reopening of school we intend to operate a full, broad and balanced curriculum for all pupils. Pupils will experience the full range of school subjects, and additional wellbeing activities. Our aim is to ensure that all learners have a high quality learning experience and to ensure they are supported.

- All students will receive pastoral sessions on their return to reintegrate them back into school and check on their well-being.
- Year 11-13 students and pupils will return to their normal timetable in order to give them as much time as possible to ensure they gain the highest grades.
- Year 7, 8, 9 and 10 in the two weeks before Easter will receive an amended curriculum and pastoral sessions.
- Pupils studying for Centre Determined Grades will complete work for those qualifications.
- Pupils will work in books in the classrooms, but for safety these books will stay in the classroom and not be taken home by either pupils or teachers. Apart from Year 11 and 6th form students who will keep their resources with them.
- Pupils/students will be set online work for the days they are not in school using the school's learning platform Microsoft Teams as we did during the school closure.
- Pupils/students will not share equipment or text books.
- Pupils in Years 7, 8 and 9 are required to bring their PE kit to school to get changed. Pupils will be expected to wear a face covering and adhere to social distancing whilst getting changed. The PE department will run sessions focusing on health, exercise and wellbeing. Pupils in years 10 and 11 are not required to bring a PE kit to school.

A more detailed plan of the school day can be found on page 14



What will happen during break, lunch times and food and drink:

- During the school day pupils will be given an opportunity to go outside for fresh air. Each year bubble will have an allocated time and zone to spend outside to enjoy the fresh air. Where possible all pupils are expected to go outside. If it's raining pupils must remain inside their classroom.
- Pupils/students will be reminded about break and lunch time arrangements upon their return to school.
- There will be no opportunity to fill water bottles whilst in school due to guidance to disconnect water fountains. Pupils/students must bring their own water to school to last the school day. There will be an opportunity to purchase food and drink during lunch time. Purchasing food and drink will not be available during break times.
- Pupils may wish to bring in their own packed lunch which can be consumed in the diner or outside in their zone. Packed lunches are not to be shared by pupils.
- Parents must use ParentPay in order for their son/daughter to purchase food in the diner. The Diner will not accept cash.
- Pupils in Yrs. 7-11 will have a staggered lunch. Each year group will have a designated time to consume their food in the diner and outside time.
- Pupils should use break and lunch times as an opportunity to go to the toilet in their designated block. Toilet facilities will be well managed and cleaned on a regular basis.
- Pupils should social distance during their break and lunch time. The diner will be cleaned and sanitised before use by the next year group.
- After spending time outside all pupils will be expected to wash /sanitise their hands when they re-entering the school building.
- Further information about payment for Free School Meal students will be sent home as soon as possible.

Attendance:

- Every child is now expected to attend school full time unless they are extremely clinically vulnerable.
- It is understandable that parents/pupils may still be concerned about COVID-19, however, we can assure you that all health and safety guidelines and advice from Welsh Government have been adhered to.
- If you have any concerns, please discuss with your child's Head of Year.
- The school's attendance procedures will resume in April after the Easter break.
- If your child is ill, then please contact the school to notify us of their absence. See attached appendix produced by Public Health Wales on recommended time to keep individuals away from the school setting.

How to stay healthy and safe in school:

We continue to review and amend safety measures aimed at protecting children, staff and families and reducing the spread of the virus. If you are concerned about the risk for anyone in your family talk through your concerns with your GP or the relevant Head of Year in school.

- It is important that the school has up to date medical information for our pupils/students. If there has been any change to your child's health needs this year, please notify your child's Head of Year.
- It is also important that the school has up to date contact details. Please contact the school with any changes to your address, phone number and email address.



- If your child has an existing HealthCare Plan in school, but any details of this have changed, please contact Mrs Emma Tate.
- If your child is deemed either extremely clinically vulnerable or clinically vulnerable due to COVID-19, the school has created a risk assessment to support their time in school.

Steps we are taking to keep pupils safe:

- Hands, face and space are still the most important measures to prevent infection.
- Multiple risk assessments are in place to minimise the risks and are updated when we receive new guidance.
- We will insist upon frequent hand washing, good hygiene and regular cleaning.
- We will provide pupils with hand cleaning products. Pupils/students can also bring their own hand sanitiser, tissues and anti-bacterial wipes into school if they desire.
- All pupils/students will be issued with a 3 layer face covering.
- **Face coverings are to be worn in all communal areas, including classrooms, and on school transport unless they are medically exempt.**
- Ensuring pupils/students and staff only come to school if they are well.
- Clear procedures if a child or a member of staff show symptoms at school.
- Minimising contact between different year groups. We will keep year groups partially separated and minimise contact between students/pupils. We will limit the amount of social mixing to reduce the spread of the virus.
- Everyone within the school should follow Welsh Government guidance on social distancing. Pupils/Students should keep 2 metres away from all adults.
- Twice weekly testing will be available for Year 10 learners and above in schools. We will be asking all pupils in years 10, 11, 12 and 13 to test for COVID-19 using lateral flow asymptomatic test kits. This testing will begin when your son/daughter returns to school for face to face lessons. The logistics and procedures for the administering of these tests is yet to be shared with schools. As soon as we have further guidance we will be sharing this is parents and carers.
- Twice weekly testing is now available for all school staff.
- All pupils will be taught where possible in the same classroom. Pupils will be allocated their own chair and desk space; they must only work in this space.
- Every classroom has been deep cleaned and will be deep cleaned at the end of every day.
- Every classroom will be well ventilated.
- All areas of the school will be thoroughly cleaned before and after each day. We have employed additional cleaners to facilitate ongoing cleaning throughout the school day to ensure that the building is safe.
- PPE has not been advised in school except when administering first aid and for our cleaners.

Test, Trace and Protect:

Test, Trace and Protect strategy was implemented by Welsh Government from the 1st June, 2020. The strategy sets out their approach in dealing with COVID-19 via testing people with symptoms, tracing those who have come into close contact and protecting friends and families by self-isolating.

- If your child, or anyone in your household, have symptoms (a temperature or a new, continuous cough, or loss of/change to their sense of taste or smell) please let the school know via phone (01745 852312) and keep your child and the rest of your household at home.
- If a child, or member of staff, gets these symptoms in school, they will be quarantined in the school and sent home with advice about what to do.



- Anyone with symptoms needs to self-isolate along with all of their household and get tested as soon as possible. Information and guidance on how to apply for a test can be found on the Welsh Government website. Tests are free and can be carried out for adults and children including the under 5s.
- If the test is negative, and the person no longer has symptoms, your son/daughter and their household can leave self-isolation and return to school.
- If your son/daughter tests positive for COVID-19 they and along with their family must self-isolate for 10 days. The Test, Trace and Protect system that is being used in Wales will then come into force and carry out any relevant actions in relation to current Welsh Government and Public Health Wales guideline

Transport to and from school:

Local authorities are responsible for ensuring the safety of pupils travelling to school via DCC buses. DCC has been working closely with providers to ensure the appropriate risk assessments are in place. For students/pupils travelling to school on dedicated school buses, and public transport, there is an expectation for them to wear a face covering at all times.

If your son/daughter accesses the school mini bus they must wear a face covering and sit facing forward at all times.

We encourage pupils to walk or cycle to school when possible.

Safeguarding:

- The school's normal safeguarding procedures will be in operation.
- No parents/carers will be permitted on school site, unless there is a specific request from school. All visitors will be expected to wear a face covering at all times.
- If any parent/carer wishes to speak to a member of staff please do not hesitate in contacting the school – 01745 852312

How to keep everyone safe and healthy:

- Check everyone at home is well before your child goes to school and stay at home if anyone has symptoms of COVID-19.
- Hygiene hand washing is vital. Wash hands regularly for 20 seconds, with soap and running water, especially before and after school, before and after eating, and after using a tissue or the toilet.
- Social distancing outside school. The safest and healthiest way to travel to school is outdoors: on foot, by bike or scooter.



Appendix 1

Plan of the school day

Yeargroup	Area	Toilets	8.40-9.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	
Hub	SFC	SFC	Registration	Lesson 1 (9.00- 10.00) Online Learning	Lesson 2 (10.00- 11.00) Online Learning	Break (11.00-11.20)	Lesson 3 (11.20- 12.10) Online Learning	Lunch 12.10-13.00 (Diner 12.10-12.30; Outside (MUGA) 12.30-13.00)	Lesson 4 (13.00- 14.00) Online Learning	Lesson 5 (14.00- 15.00) Online Learning	Finish
Years 7-9	Y7: English, Y8: Humanities, Y9: Maths			Lesson 1 (9.00- 10.00) (With class teacher): Wellbeing session	Lesson 2 (10.00- 11.00) Normal Lessons		Lesson 3 (11.20- 12.10) Normal Lessons	Lunch 12.10-13.00 (Diner 12.35- 13.00; Outside (Front field) 12.10- 12.35)	Lesson 4 (13.00- 14.00) Normal Lessons	Lesson 5 (14.00- 15.00) Normal Lessons	
Year 10	Mobiles	Block 1		Lesson 1 (9.00- 10.00) With Group Tutor: Wellbeing session (day 1) Other days Normal lessons.	Lesson 3 (11.20- 12.20) Normal Lessons		Lesson 4 (12.20- 13.20) Normal lessons	Lunch 13.20-14.00 (Outside 13.20- 13.40; Diner 13.40-14.00)			
Year 11	Languages	Block 2						Lunch (Diner 13.20- 13.40; Outside 13.40- 14.00)			
6th Form		TBC									
						Food in diner					



Appendix 2



**Public Health Wales
Health Protection Team**

Recommended Time to Keep Individuals Away from Settings because of Common Infections

The table below is a guide on whether or not an individual with an infection should attend a setting e.g. a school or workplace. This is based on the level/period of infectiousness and not on whether the individual is well enough to attend. If uncertain, individuals should stay at home and seek advice from NHS Direct Wales 0845 46 47 (NHS 111 where available), their pharmacy or General Practitioner (GP). If a setting requires advice on infections and length of time an individual should be kept away from the setting (previously referred to as 'exclusion' period) then they are asked to:

1. Refer to the information table below
2. Contact their GP surgery or other relevant professionals e.g. Health Visitor or School Nurse
3. In the case of staff illness/exposure contact their own Occupational Health Team
4. Contact the **Health Protection (All Wales Acute Response) Team on 0300 003 0032**

When there are local/national outbreaks of illness, settings will usually be informed and advised of any actions they are required to take by the Health Protection/All Wales Acute Response Team. Settings are asked to keep a register of unwell individuals and also have a register of individuals who may be considered vulnerable to infection. If there are more than two cases of an infection; or more than the usual number of a common infection, then the setting should seek advice from the Health Protection (AWARe) Team.

Rashes and skin infections	Length of Time an individual is to be kept away from Setting	Comments
Unexplained rashes should be considered infectious until health advice is obtained.		
Athlete's foot	None	Athletes' foot is not a serious condition. Treatment is recommended
Chickenpox	5 days from onset of rash AND until all vesicles (blisters) have crusted over	Infectious for 2 days before onset of rash. <i>SEE: Vulnerable Individuals and Pregnancy (below)</i>
Cold sores, (Herpes simplex)	None	Avoid kissing and contact with the sores. Cold sores are generally mild and self-limiting.
German measles (rubella)*	Four days from onset of rash	Preventable by vaccination and covered by the routine immunisation schedule (MMR x 2 doses). <i>SEE: Pregnancy (below)</i>
Hand, foot and mouth	None	Not to be confused with Foot and Mouth disease in animals
Impetigo	Until affected areas are crusted and healed, or 48 hours after commencing antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period
Measles*	Four days from onset of rash	Preventable by vaccination and covered by the routine immunisation schedule (MMR x



		2 doses). <i>SEE: Vulnerable individuals and Pregnancy (below)</i>
Molluscum contagiosum	None	A self-limiting condition
Ringworm	None	Keep covered. Treatment is recommended
Scabies	Affected individual can return after first treatment	Household and close contacts require concurrent treatment
Scarlet fever*	Individual can return 24 hours after commencing appropriate antibiotic treatment	Antibiotic treatment recommended for the affected individual.
Slapped cheek/Fifth disease/Parvovirus B19	None	<i>SEE: Vulnerable individuals and Pregnancy (below)</i>
Shingles	Individual only to be kept away from setting if rash is weeping and cannot be covered	Can cause chickenpox in those who are not immune i.e. have not had chickenpox. It is spread by very close contact and touch. If further information is required, contact the Health Protection Team. <i>SEE: Vulnerable individuals and Pregnancy (below)</i>
Warts and Verrucae	None	Verrucae should be covered in swimming pools, gymnasiums and changing rooms
Diarrhoea and vomiting illness		
Diarrhoea and/or vomiting	48 hours from last episode of diarrhoea or vomiting	If there are more than two cases in a setting please inform the Health Protection Team/Environmental Health Officer
<i>E. coli</i> O157 VTEC* Typhoid [and paratyphoid] (enteric fever)* Shigella* (dysentery)	Should be kept away from the setting for 48 hours from the last episode of Diarrhoea. Some individuals may need to be kept away from the setting until they are no longer excreting the bacteria in their faeces. Always consult with the Health Protection Team/Environmental Health Officer	Individuals aged 5 years or younger those who have difficulty in maintaining good personal hygiene, food handlers and care staff need to be kept away from the setting until there is proof that they are not carrying the bacteria (microbiological clearance). Microbiological clearance may also be required for those in close contact with a case of disease. The Health Protection Team/Environmental Health Officer can provide advice is required.
Cryptosporidiosis	Keep away from setting for 48 hours from the last episode of diarrhoea.	Individuals should not be permitted to swim for two weeks after the last bout of diarrhoea has ended.
Respiratory illnesses		
COVID-19 (coronavirus-19)*	10 days from onset of symptoms (high temperature $\geq 37.8^{\circ}\text{C}$; new continuous cough; or loss of/change in sense of smell or taste). OR 10	Infectious for 2 days before onset of symptoms/test date to 10 days afterwards. Can return after 10 days if no temperature for 48 hours without medication. <i>SEE: Vulnerable individuals and Pregnancy (below) and Welsh Government advice on vulnerable people. INFORM the Health</i>



	days from date of test, if asymptomatic.	Protection Team of a single case. Necessary control measures will then be advised.
Flu (influenza)	Until recovered	SEE: <i>Vulnerable individuals (below)</i>
Tuberculosis*	Always consult the Health Protection Team	Requires prolonged close contact for spread
Whooping cough (pertussis)*	48 hours from commencing antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment	Preventable by vaccination and covered by the UK routine immunisation schedule. After treatment, non-infectious coughing may continue for many weeks.
Other infections		
Conjunctivitis	None	If an outbreak/cluster occurs, consult the Health Protection Team
Diphtheria*	Must not attend setting. Always consult the Health Protection Team	Preventable by vaccination and covered by the UK routine immunisation schedule. Family contacts must be kept away from setting until cleared to return by the Health Protection Team. The Health Protection Team will consider the risk of any contact the individual has had with others if necessary.
Eye and ear infections	None. The Health Protection Team can advise if an affected individual needs to be kept away from the setting.	As both viruses and bacteria can cause eye and ear infections, not all will require antibiotic treatment.
Glandular fever	None	Infectious for up to 7 weeks before symptoms start. Glandular fever can cause spleen swelling so avoid sports or activities that might increase risk of falling and damaging spleen.
Head lice	None	Treatment is recommended only in cases where live lice have been seen
Hepatitis A*	Individual should be kept away from the setting until seven days after onset of jaundice (or seven days after symptom onset if no jaundice)	In an outbreak of hepatitis A, the Health Protection Team will advise on necessary control measures
Hepatitis B*, C*, HIV	None	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact.
Meningococcal Meningitis* / septicaemia*	Until they have received the appropriate antibiotic. Always consult the Health Protection Team	Several types of meningococcal disease are preventable by vaccination. There is no reason to keep siblings or other close contacts of the individual from attending settings. In the case of an outbreak, the Health Protection Team will advise on any action needed.



Meningitis due to other bacteria*	None	Haemophilus influenzae type B (Hib) and pneumococcal meningitis are preventable by vaccination. There is no need for the Health Protection Team to identify people the individual has been in contact with. There is no reason to exclude siblings or other close contacts of the individual from settings. The Health Protection Team can advise on actions needed
Meningitis viral*	None	Milder illness. There is no need for the Health Protection Team to identify people the individual has been in contact with. There is no reason to exclude siblings and other close contacts of the individual from settings.
MRSA	None	Good hygiene, in particular hand washing and environmental cleaning, are important to minimise spread.
Mumps*	Five days after onset of jaw/neck swelling	Preventable by vaccination and covered by the routine immunisation schedule (MMR x 2 doses).
Threadworms	None	Treatment is recommended for the child and household contacts
Tonsillitis	None	There are many causes, but most cases are due to viruses and do not need an antibiotic.

*denotes a notifiable disease/organism. It is a statutory requirement that doctors report a notifiable disease to the proper officer of the local authority (usually a consultant in communicable disease control/Health Protection).

Vulnerable Individuals

Some medical conditions make people vulnerable to infections that would rarely be serious in most people. These include those being treated for leukaemia or other cancers, on high doses of steroids and with conditions that seriously reduce immunity.

Pregnancy

If a woman develops a rash during pregnancy or is in direct contact with someone with a rash or an infection, they should ask their GP/Midwife if they need any relevant investigations e.g. blood test. The greatest risk during pregnancy from infections comes from their own child/children, rather than the workplace.

Immunisation

All individuals are encouraged to ensure they have received all the vaccines that are offered in the UK schedule. If anyone is uncertain which vaccines they have received they should contact their GP surgery. For further information about the immunisation schedule, please visit: <http://www.wales.nhs.uk/sitesplus/888/page/43510>

Produced by Health Protection Team, Public Health Wales

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