ONLINE SAFETY GUIDE FOR PARENTS

SchoolBeat.cymru

The UK internet use surged to **record levels** during lockdown! (Ofcom June 2020)

TIPS FOR PARENTS...

✔ Ask your children about what they know about online safety and discuss the positive and negative aspect of being online.

✔ Ask them for advice and make time to learn and understand what they know.

✔ Be in control of Parental Control! These can vary from device to device and from app to app.

✔ Make sure they understand that they are not to share personal information like their phone number or email address

✔ Explain that people can lie about who they are online – they should only talk to real friends and family.

SOCIAL MEDIA

Since the Covid-19 pandemic, Social Media as a platform has seen a huge surge in usage, with TikTok being the most downloaded app during the first lockdown. If your child is using Social Media or any social networking sites on their digital devices. Get up to speed with how they can manage their privacy settings:

CLICK HERE

Privacy settings can help you and your child to manage how much and what kind of information is shared, whilst still enjoying their favourite sites, games and apps. It can be difficult to keep up with the latest online trends and apps. Netaware has a vast amount of current and up-do-date information regarding new apps and games:

CLICK HERE

73%

Nearly three quarters of children aged 8-15 who use video-sharing platforms watch videos several times a day.

(Ofcom June 2020)

Set up Parental Control on your children's digital devices.

Discuss Social Media and Gaming with your children on a regular basis.

Set time limits for play/internet time and stick to it.

Charge phones and devices downstairs or away from bedroom at night.

GAMING

Online games can be a great way for children to keep busy and stay in touch with friends and family but it's important that it's done safely and that children and parents know and understand the risks.

✗ Children can be bullied and feel excluded online

✗ Some children experience trolling

✗ Some games cost money to download

✗ A lot of games enable users to play with strangers online

More information and advice can be found on: **www.nspcc.org.uk**

19%

In the year ending March 2020, an estimated one in 5 children aged 10 to 15 years in England and Wales experienced at least one type of online bullying behaviour

(ONS November 2020)

Unfortunately, some children will experience some form of Cyberbullying when online and it's important that children and parents know where they can go for help and support. Online bullying can take place on any online platform. There's a wealth of information on Cyberbullying and other online issues on: **www.childline.org.uk**

USEFUL WEBSITES

www.reportharmfulcontent.com
Helping everyone to report harmful content online

www.commonsensemedia.org
Reviews for what your kids want to watch (before they watch it)

www.parentzone.org.uk The experts in digital family life

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