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| **This half term : Skills, Knowledge and**  **Understanding to be developed:**  To understand Learning Objective 1 of Unit 2. The main aim of understanding is to understand the importance of nutrition when planning menus.  This will be demonstrated through:   * describing functions of nutrients in the human body * comparing nutritional needs of specific groups * explaining characteristics of unsatisfactory nutritional intake * explaining how cooking methods impact on nutritional value * Pupils will also demonstrate skills gained through preparing, cooking and presenting dishes. | **Key Terms to be learned this half term:**  Nutrients, life stages, special diets, characteristics, deficiencies, excesses, cooking methods. |

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| **Week 1 and 2 Learning Objectives etc:**  Introduction to Unit 2 and expectations of the year. Books organized.  **LO1, AC1.1** describe functions of nutrients in the human body  **Practical:**  Cheese and vegetable frittatas  Fruity Muffins |  | **Objective assessments:**  Be able to complete mock coursework on 1.1 with given scenario. | **Homework:**  Complete mock coursework on 1.1. |
| **Week 3 and 4 Learning Objectives etc:**  **LO1, AC1.2** comparing nutritional needs of specific groups  **LO1, AC1.3** explaining characteristics of unsatisfactory nutritional intake  **Practical:**  Fried Rice  Eve’s or Apple pudding | **APP** mock coursework LO1 1.1 and 1.2 | **Objective assessments:**  Be able to complete mock coursework on 1.2 with given scenario. | **Homework:**  Complete mock coursework on 1.2. |
| **Week 5 and 6 Learning Objectives etc:**  **LO1, AC1.3** explaining characteristics of unsatisfactory nutritional intake  **LO1, AC1.4** explaining how cooking methods impact on nutritional value  **Practical:**  Ham and cheese muffins  Viennese Biscuits |  | **Objective assessments:**  Be able to complete mock coursework on 1.3 with given scenario. | **Homework:**  Complete mock coursework on 1.3. |
| **Week 7 Learning Objectives etc:**  Complete actual coursework for LO1 with actual scenario using class notes.  **DIRT** – dedicated improvement reflection time  **Practical**: Chinese curry | **SA** mock coursework LO1 1.3 and 1.4 | **Objective assessments:**  Be able to complete actual coursework on LO1 with given scenario. | **Homework:**  Complete mock coursework on LO1. |