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| **This half term : Skills, Knowledge and****Understanding to be developed:**To understand Learning Objective 1 of Unit 2. The main aim of understanding is to understand the importance of nutrition when planning menus. This will be demonstrated through:* describing functions of nutrients in the human body
* comparing nutritional needs of specific groups
* explaining characteristics of unsatisfactory nutritional intake
* explaining how cooking methods impact on nutritional value
* Pupils will also demonstrate skills gained through preparing, cooking and presenting dishes.
 | **Key Terms to be learned this half term:**Nutrients, life stages, special diets, characteristics, deficiencies, excesses, cooking methods. |

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| **Week 1 and 2 Learning Objectives etc:**Introduction to Unit 2 and expectations of the year. Books organized.**LO1, AC1.1** describe functions of nutrients in the human body**Practical:** Cheese and vegetable frittatasFruity Muffins |  | **Objective assessments:**Be able to complete mock coursework on 1.1 with given scenario.  | **Homework:**Complete mock coursework on 1.1. |
| **Week 3 and 4 Learning Objectives etc:****LO1, AC1.2** comparing nutritional needs of specific groups**LO1, AC1.3** explaining characteristics of unsatisfactory nutritional intake**Practical:** Fried RiceEve’s or Apple pudding | **APP** mock coursework LO1 1.1 and 1.2 | **Objective assessments:**Be able to complete mock coursework on 1.2 with given scenario.  | **Homework:**Complete mock coursework on 1.2. |
| **Week 5 and 6 Learning Objectives etc:****LO1, AC1.3** explaining characteristics of unsatisfactory nutritional intake**LO1, AC1.4** explaining how cooking methods impact on nutritional value**Practical:** Ham and cheese muffinsViennese Biscuits |  | **Objective assessments:**Be able to complete mock coursework on 1.3 with given scenario.  | **Homework:**Complete mock coursework on 1.3. |
| **Week 7 Learning Objectives etc:**Complete actual coursework for LO1 with actual scenario using class notes.**DIRT** – dedicated improvement reflection time**Practical**: Chinese curry  | **SA** mock coursework LO1 1.3 and 1.4 | **Objective assessments:**Be able to complete actual coursework on LO1 with given scenario.  | **Homework:**Complete mock coursework on LO1. |